Family Experiences During COVID-19 Data Webinar

Thursday, April 29, 2021
Viewpoints and thoughts shared are not necessarily representative of the California Department of Public Health, the California Department of Social Services, or the State of California.
Minimize Distractions
Lines have been muted, but please be sure to mute yourself during the presentation.

Technical Issues
For any technical issues, please send a message directly to the host through the chat box.

Engage and Participate
Ask questions in the Q&A or chat box.
Essentials for Childhood Initiative
Mission & Vision

V
All California children, youth, and families thrive in safe, stable, nurturing relationships, and communities where they live, work, and play.

M
Support and participate in mutually reinforcing activities and strategies across multiple agencies and stakeholders that optimize the health and wellbeing of all children in California.
Webinar Presenters

Lori Turk-Bicakci, PhD
Senior Program Director for KidsData
Population Reference Bureau

Robert Sege, MD, PhD
HOPE Project Director, Center for Community-Engaged Medicine
Tufts Medical Center
Family Experiences the During COVID-19 Pandemic

Lori Turk-Bicakci

April 29, 2021
Agenda

• Questionnaire Overview
• US and California Findings
• Accessing California Data
• Implications of US Findings
• Data Snapshots
Questionnaire Overview
About the Questionnaire

- **Purpose**: Inform on effect of pandemic on children and families
- **Audience**: Child-serving organizations, medical practitioners, advocates, and others
- **Approach**:
  - One survey – Two samples
  - Web-based questionnaire, 48 questions
  - Internet panel samples
  - Three waves, starting November 2020
Primary Objectives

• National
  • Measure the impact of the pandemic on family life, adverse childhood experiences and positive childhood experiences
  • Develop tools/resources for pediatricians and home visitors

• California
  • Inform on experiences during the pandemic of families and children at the state level and how experiences vary within the state
  • Inform on the experiences during the pandemic of families who have children with special health care needs
Collaborators

- American Academy of Pediatrics (AAP)
- Centers for Disease Control and Prevention (CDC)
- Prevent Child Abuse America (PCAA)
- Tufts Medical Center, Healthy Outcomes from Positive Experiences (HOPE)

CA-focused work

- Lucile Packard Foundation for Children’s Health (LPFCH)
- California Department of Public Health Essentials for Childhood Initiative (EfC) led by the California Department of Public Health, Injury and Violence Prevention Branch and California Department of Social Services, Office of Child Abuse Prevention
- KidsData at PRB
## Questionnaire Samples

<table>
<thead>
<tr>
<th></th>
<th>US Sample</th>
<th>California Sample</th>
</tr>
</thead>
<tbody>
<tr>
<td>Sample Size</td>
<td>3,000 (326 from CA)</td>
<td>1,526</td>
</tr>
<tr>
<td>Female</td>
<td>55%</td>
<td>54%</td>
</tr>
<tr>
<td>Education</td>
<td></td>
<td></td>
</tr>
<tr>
<td>HS diploma or less</td>
<td>38%</td>
<td>42%</td>
</tr>
<tr>
<td>4-year degree or more</td>
<td>31%</td>
<td>30%</td>
</tr>
<tr>
<td>Income</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Under $30,000</td>
<td>27%</td>
<td>28%</td>
</tr>
<tr>
<td>$100,000 or above</td>
<td>23%</td>
<td>25%</td>
</tr>
<tr>
<td>CSHCN</td>
<td>32%</td>
<td>29%</td>
</tr>
<tr>
<td></td>
<td>US Sample</td>
<td>California Sample</td>
</tr>
<tr>
<td>-----------------------</td>
<td>-----------</td>
<td>-------------------</td>
</tr>
<tr>
<td>Black</td>
<td>12%</td>
<td>5%</td>
</tr>
<tr>
<td>White</td>
<td>55%</td>
<td>28%</td>
</tr>
<tr>
<td>Hispanic/Latino</td>
<td>23%</td>
<td>49%</td>
</tr>
<tr>
<td>Asian</td>
<td>3%</td>
<td>9%</td>
</tr>
<tr>
<td>Native American</td>
<td>1%</td>
<td>2%</td>
</tr>
</tbody>
</table>
Questionnaire Content

• Disruptions in education, health care, and social activities
• Emotional and behavioral health
• Economic security
• Child and caregiver safety
• Adverse childhood experiences
• Positive childhood experiences
• Caring for children with special health care needs
US and California Findings
# Disruptions

_March to November 2020_

Households with Children Experiencing School Closure, Cancelled Medical or Dental Appointments, and Postponed Vaccinations, by Age Groups

<table>
<thead>
<tr>
<th>Location</th>
<th>School Closed, Ages 5-17</th>
<th>Medical/Dental Appts Cancelled, Ages 0-17</th>
<th>Vaccination Postponed, Ages 0-6</th>
</tr>
</thead>
<tbody>
<tr>
<td>US</td>
<td>31%</td>
<td>13%</td>
<td>16%</td>
</tr>
<tr>
<td>CA</td>
<td>64%</td>
<td>29%</td>
<td>16%</td>
</tr>
</tbody>
</table>

Note: At least one child in age group in household
Emotional Health
March to November 2020

Caregivers Felt Difficulties Piling Up and Felt Nervous or Stressed

- US: 20% felt difficulties piling up most times/always, 37% felt nervous or stressed most times/always
- CA: 20% felt difficulties piling up most times/always, 34% felt nervous or stressed most times/always
Economic Security
March to November 2020

Change in Household Finances and Use of Safety Net Resources

- US: 38% Household Finances Negatively Impacted, 49% Used Safety Net Resources
- CA: 43% Household Finances Negatively Impacted, 55% Used Safety Net Resources
Economic Security (cont.)
March to November 2020

Families Accessed Social Safety Net Resources for First Time After March 2020, by Income Level

<table>
<thead>
<tr>
<th></th>
<th>&lt; $30,000</th>
<th>$30,000–$59,999</th>
<th>$60,000–$99,999</th>
<th>$100,000 +</th>
</tr>
</thead>
<tbody>
<tr>
<td>US</td>
<td>7%</td>
<td>9%</td>
<td>9%</td>
<td>11%</td>
</tr>
<tr>
<td>CA</td>
<td>8%</td>
<td>9%</td>
<td>10%</td>
<td>16%!</td>
</tr>
</tbody>
</table>

Note: The notation “!” indicates that the margin of error is between 5 and 10 percentage points.
Child Safety

Child Spanked, Slapped, Hit in Last Seven Days

- **US**
  - All households: 16%
  - Households without CSHCN: 14%
  - Households with CSHCN: 21%
- **CA**
  - All households: 17%
  - Households without CSHCN: 14%
  - Households with CSHCN: 25%

Intimate Partner Violence (Physical) Since March 2020

- **US**
  - All households: 11%
  - Households without CSHCN: 7%
  - Households with CSHCN: 17%
- **CA**
  - All households: 12%
  - Households without CSHCN: 8%
  - Households with CSHCN: 20%
Adverse Childhood Experiences

Caregivers Reported on Number of ACEs their Oldest Child Ever Experienced

<table>
<thead>
<tr>
<th>Number of ACEs</th>
<th>US</th>
<th>CA</th>
</tr>
</thead>
<tbody>
<tr>
<td>0 ACEs</td>
<td>63%</td>
<td>64%</td>
</tr>
<tr>
<td>1 ACE</td>
<td>17%</td>
<td></td>
</tr>
<tr>
<td>2 ACEs</td>
<td>5%</td>
<td>8%</td>
</tr>
<tr>
<td>3 ACEs</td>
<td>6%</td>
<td></td>
</tr>
<tr>
<td>4 or More ACEs</td>
<td>8%</td>
<td>16%</td>
</tr>
</tbody>
</table>
Accessing California Data
KidsData.org

Data by Topic
Data by Region
Data by Demographic
Data in Action
KidsData News
Spreading HOPE
National questionnaire data is being presented in snapshot messages from the AAP.
6 in 10 school-aged children had school closed.

n=3000; Parents who reported that their child(ren) had experienced major disruptions to activities since March 2020.
When reporting stress, most also report positive growth.
Family Stress and Closeness: Key Points

1. Most U.S. children have experienced disruptions.
2. School disruptions have caused tension and stress.
3. Despite this, families have grown closer together!
Financial Impacts on Families

Change in household finances since March 2020
- Stayed the Same: 47%
- Positively Impacted: 13%
- Negatively Impacted: 40%

Nearly half of families (49%) accessed government resources.

Change in employment since March 2020, by gender
- Men:
  - No change: 56%
  - Employer: 38%
  - Employee: 6%
- Women:
  - No change: 48%
  - Employer: 38%
  - Employee: 14%
Economic Hardships for Families

- Employment loss has affected family life.
- Many families rely on government resources.
- Financial stress can lead to tension and violence.
Positive parenting practices are common!

5 of 6 parents did not spank their child.
Parental ACEs score was associated with spanking.
Parental experiences associated with spanking

Parents who felt nervous or stressed most or all of the time, or who felt their difficulties piling up too much to handle

• spanked their children 20% more often than others, and
• were 14% more likely to use any form of harsh punishment.
Most parents avoided harsh discipline techniques.

Few parents spanked their children.

Parental circumstances affect child discipline.
Intimate Partner Violence (IPV) during COVID-19

Respondents making less than $20,000/year reported higher IPV.

Those who experienced IPV:
- Felt more nervous or stressed
- Reported more unhealthy coping strategies
- Reported more spanking
Intimate Partner Violence (IPV) during COVID-19

- IPV was high for men and women since March 2020.
- Financial stress was associated with high IPV.
- In homes with IPV, children are at risk.
Thank you!
Spreading HOPE
Questions?
Provides support and resource referrals to parent and youth during the current COVID-19 pandemic, 7-days a week from 8:00 a.m. to 8:00 p.m.

Call or text 1-855-4APARENT (855-427-2736) for services in English, Spanish and other languages. For more information, please visit: https://caparentyouthhelpline.org/
Resources

• PACEs Connection: acesconnection.com
• KidsData: kidsdata.org
• HOPE: positiveexperience.org
Upcoming CalTrin Trainings

Protective Factors 101
Maureen Durning & Jane Zink, Co-authors of *STRONG: Teaching the Strengthening Families Protective Factor Framework to Parents and Professionals*
Weekly Series: May 6 through June 24
This 8-session webinar series reviews the five protective factors in Strengthening Families Framework: parental resilience, social connection, concrete support in times of need, knowledge of parenting and child development, and social and emotional competence, with opportunities for Q&A throughout.
Upcoming CalTrin Trainings

**How Are the Children?: Understanding Poverty Series**

Donna Beegle, PhD, Communication Across Barriers

May 18-19, 10 to 11:30 AM (PDT)  
Breaking the Iron Cage of Poverty (All Staff)

May 25-26, 10 to 11:30 AM (PDT)  
Communicating and Relating More Effectively Across Social Class Barriers (All Staff)

June 9, 10 to 11:30 AM (PDT)  
Leadership for Change (Organizational Leaders)

Family-serving organizations will have the most success when they have a deeper understanding of poverty from the perspectives of children and families who live in it. This series provides an insider perspective, along with 30 years of research and best practice, giving participants tools and strategies to improve outcomes for children and families.
Share Your Thoughts!

Survey link: tinyurl.com/Family ExperiencesData
Thank You!