Protecting Youth Requires Meaningful Relationships

Meaningful relationships are fundamental to safeguarding youth. Every child needs an adult who is both caring and supportive as well as attentive to basic needs. When an adult demonstrates a deep commitment to a child’s emotional and physical well-being, that child is more likely to feel secure and protected which supports their long-term health and well-being.

These relationships are most critical at home but are also important in all youth environments such as in school.

Many students in California lack a caring relationship at school. Less than half of students in 7th and 11th grade and about a quarter of students in 9th grade and in non-traditional programs highly agreed that they had a caring relationship with an adult at school in 2015-2017.

Hispanic/Latino students in these grade levels may be least likely to have caring relationship with an adult (29% highly agreed) compared with white students (39% highly agreed), among race/ethnicity groups with data.
Explore the Latest Data on Nurturing School Community

Feeling Connected
School Connectedness

Strong Relationships
Caring Relationships with Adults at School
Adults at School Care About Students
Adults at School Believe in Student Success

Supportive Environment
School Supports
High Expectations from Adults at School
Meaningful Participation at School
Academic Motivation
Students Who Are Motivated to Learn
School Motivates Students to Learn
School Is a Supportive and Inviting Place to Learn
School Gives Students Opportunities to Make a Difference
School Fosters Youth Resilience or Asset Promotion
Students Respect Each Other’s Differences
Cultural or Racial/Ethnic Tension at School
School Welcomes and Facilitates Parent Involvement

About Safeguards for Youth

Safeguards for Youth is a compilation of the latest data on promoting California children’s health and well-being. The data describe protective factors and supportive services, both of which are critical to building a solid foundation for life and addressing the effects of childhood adversity. Protective factors highlight the importance of preventive health care, a strong start in education, and a nurturing school community. Supportive services address adverse experiences such as health challenges, abuse, and family poverty. These data stress the urgency for advocacy and policy change to safeguard California’s future generations.

Learn more at: kidsdata.org/Safeguards