



THE BAY AREA PARENT POLL

Breakdowns for Bay Area Regions

Jan. 11, 2007

Additional information of findings from this 2006 survey of Bay Area parents is available at

www.kidsdata.org/parentpoll



For more information, call (650) 724-5778, or e-mail info@lpfch.org

Questions Regarding Parents' Concerns

Parental Concern Levels (percent of parents saying they are “very” or “somewhat” concerned for each issue regarding their own child)	Region			
	Bay Area	East Bay (Contra Costa and Alameda counties)	San Mateo County	Santa Clara County
Stress	29%	27%	27%	31%
Weight	24%	21%	23%	25%
Depression	16%	18%	16%	20%
School Discipline Problems	12%	11%	10%	12%
Sexual Activity	7%	7%	6%	8%
Alcohol Use	6%	7%	7%	5%
Gang Involvement	5%	3%	4%	4%
Cigarette Use	5%	4%	5%	6%
Marijuana Use	5%	4%	5%	5%
Use of Other Drugs	5%	3%	5%	5%

Emotional Health Questions

Emotional Health Questions (percent of parents reporting)	Region			
	Bay Area	East Bay (Contra Costa and Alameda counties)	San Mateo County	Santa Clara County
Child’s overall emotional health is “excellent”	53%	53%	58%	50%
Child’s Stress Level				
“high” or “very high”	13%	13%	13%	14%
“moderate”	35%	33%	35%	39%
Sources of Child’s Stress (percent of parents saying each is “somewhat” or “very much” a source of their child’s stress)				
Amount of schoolwork	64%	67%	57%	64%
Pressure to excel in school	54%	60%	40%	52%
Divorce or separation issues	22%	24%	18%	21%
Family finances	16%	18%	17%	19%
General Indicators				
“Excellent” ability to see life in a positive way	50%	48%	56%	48%
“Very satisfied” with his or her looks	56%	56%	59%	52%
“Excellent” self esteem	44%	45%	50%	42%
Worries “somewhat” or “very much” about family conflict	24%	24%	23%	27%
“Not enough” time together as a family	27%	30%	25%	23%

Physical Health Questions

Physical Health Questions (percent of parents reporting)	Region			
	Bay Area	East Bay (Contra Costa and Alameda counties)	San Mateo County	Santa Clara County
Child's overall physical health is "excellent"	72%	71%	72%	69%
Quality of child's healthcare is "excellent" or "good"	94%	94%	95%	92%
Access to Medical Care				
Child saw a doctor for a general check-up within the last year	82%	84%	80%	76%
Child currently has some form of medical insurance	94%	93%	95%	94%
Access to Dental Care				
Child visited a dentist within the last year	75%	76%	72%	73%
Child currently has some form of dental insurance	81%	80%	77%	82%
Child's Weight				
"About the right" weight	74%	78%	72%	70%
"Very" or "slightly" underweight	14%	11%	18%	17%
"Very" or "slightly" overweight	12%	11%	10%	13%
Physical Disabilities				
Child has a chronic condition that limits activities	5%	4%	5%	6%
Child had an asthma attack in the last year	9%	9%	5%	7%

Environmental Health Questions

Environmental Health Questions (percent of parents reporting)	Region			
	Bay Area	East Bay (Contra Costa and Alameda counties)	San Mateo County	Santa Clara County
Family income "not quite" or "not nearly" enough to meet child's basic needs	14%	14%	10%	13%
Child Safety				
"Very" or "somewhat" safe at school	95%	93%	97%	96%
"Very" or "somewhat" safe outside of school	94%	94%	93%	94%
Influence of Media on Children "very" or "somewhat" negative	30%	28%	27%	29%

METHODOLOGY

The Lucile Packard Foundation for Children's Health commissioned the Survey and Policy Research Institute (SPRI) at San Jose State University to conduct 1,796 interviews in Alameda, Contra Costa, Marin, San Francisco, San Mateo and Santa Clara Counties with parents of children under the age of 18. Interviewing in Spanish and English was conducted July 10, 2006 to Aug. 2, 2006.

SPRI's interviews included 947 parents in Santa Clara County and 433 parents in San Mateo County.

The complete sample was weighted by race and county to obtain a distribution that matches the 2000 U.S. Census for persons 18 years of age or older.

The margin of error, at the 95% confidence level, for the overall sample is $\pm 2.3\%$. For San Mateo County, the margin of error is $\pm 4.7\%$; for Santa Clara County, it is $\pm 3.2\%$; and for the Alameda-Contra Costa counties region it is about $\pm 5.4\%$. Populations for San Francisco and Marin counties were too small to provide reliable breakdowns.

About the Lucile Packard Foundation for Children's Health

The Lucile Packard Foundation for Children's Health is a public charity whose mission is to “promote, protect and sustain the physical, mental, emotional and behavioral health of children.” For more information about the foundation, call (650) 724-5778 or visit www.lpfch.org.